

## A Prayer for a Caring Heart

Dear God,

Help me to learn to be more caring.

Help me to want to help when someone needs  
food or water, or just a friend.

Help me to always keep other people in my  
prayers and to never take for granted what I  
have.

There are so many people out there who need  
help more than I do.

Please give me a caring attitude and a loving  
heart.

Amen.

Dear children,

Let's not merely say that we love each other; let  
us show the truth by our actions. 1 John 3:18

## How to fold the best prayer-o-plane:

1. Fold the paper in half lengthwise
2. Open the paper back up and fold the top corners down to the middle fold
3. Fold the top point of the paper down about half way to the centre of the fold
4. Take a point half way from the centre of the top on each side and fold down to the centre point
5. Fold each wing outwards making the wings wider than the body
6. Fly your prayer-o-plane!

