



My  
name

Thank you God that we can  
be busy with our hands.

Put your hands on your head,

Put your hands on your nose,

Put your hands on your head,

Put your hands on your toes.

Put your hands on your lips,

Put your hands in the air.

Put your hands on your shoe,

Put your hands right behind.

Here are my hands to use, Lord,

Please help me to be kind.

Make patterns with  
your hands all  
round the page.  
Use finger paints or  
draw round your  
hand with a crayon.

