



My name \_\_\_\_\_

Thank you God that we can  
be busy with our hands.

- Put your hands on your head,
- Put your hands on your nose,
- Put your hands on your head,
- Put your hands on your toes.
- Put your hands on your lips,
- Put your hands in the air.
- Put your hands on your shoe,
- Put your hands right behind.
- Here are my hands to use, Lord,
- Please help me to be kind.

Make patterns with  
your hands all  
round the page.  
Use finger paints or  
draw round your  
hand with a crayon.

