

How to make shrinky dinks:

- Clean #6 Plastic
 - Permanent Markers
 - Scissors
 - Aluminum Foil
 - Oven and Tongs or Oven Mitt
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- Cut any excess plastic away to make a flat sheet (use both the top and the bottom) and recycle the excess. Now you've got your shrinky dink paper.
 - Draw or write your desired image or text on your shrinky dink paper using permanent markers.
The total image will shrink to about a third of its original size, and five or six times its original thickness.
 - If you want a hole to thread through on your finished shrinky dink then create this now with a hole punch.
 - Pre-heat your oven to 180°, and place a rack in the lowest position.

Create a “tray” out of the aluminum foil by bending up the sides.

Technically, you could cover a baking sheet with foil, but the thinner surface allows for more direct heat and quicker shrinking.

- Place your art in the tray, then use the tongs or an oven mitt to place the foil on the bottom rack.
- "Cook" for about 3 1/2 minutes

For the first minute your art will curl up all crazy-like, but soon, it will flatten itself out. If you have an oven door through which you can see, then just keep an eye on it. Total time for a large piece (10-15cm starting size) will be about 3 1/2 minutes.

- Using the tongs or oven mitt, remove the tray.

At this point, it's still pliable, so if you want to flatten it more, or add waves or bend the corners, do so *CAREFULLY* within the first ten seconds.

Thanks to curbly.com for the inspiration!